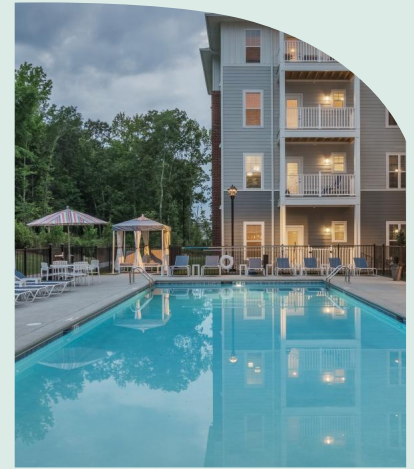


MANAGER'S MESSAGE

A Note from Nancy

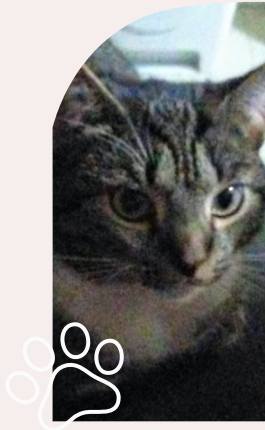
You are invited to join us for our next **Town Hall Meeting** on Thursday, August 6th, at 1 PM. This is a wonderful opportunity to stay informed about important community updates, learn about upcoming events and initiatives, and connect with your neighbors. We will also take time to warmly welcome our newest residents to the community. Your participation and feedback help make our community a great place to call home, and we encourage everyone to attend. We look forward to seeing you there!



WELLNESS TIP

Laugh It Up

A good laugh activates your diaphragm, boosts oxygen intake, and releases endorphins—the body's natural mood lifters. Catch a comedy at our **Monday Movie Nights** to feel refreshed long after the credits roll!



PET OF THE MONTH

Cutie Carly

Carly is a 10-year-old tabby whose favorite perch is by the window watching the birds, squirrels, and everything happening outside. Whether she's soaking up the sunshine or quietly observing the world go by, Carly reminds us that sometimes the best moments are the peaceful ones.

RECIPE OF THE MONTH

Summer Fruit Salad

- Peaches
- Strawberries
- Blueberries
- Grapes
- Fresh mint
- Honey
- Lime juice

Mix together, chill for 30 minutes, and enjoy a sweet, healthy summer snack!

RESIDENT SPOTLIGHT

Hey, Jay!

Around Arden, Jay is known as our **Grill Master**, serving up delicious food with a smile and helping make every gathering a success. When he's not volunteering, you'll often find him enjoying time with his adorable pup, **Aubrey**, at the dog park where they love meeting neighbors and making new friends. We are lucky to have Jay's kindness, generosity, and positive spirit as part of the Arden family!



AROUND TOWN

Local Happenings

FORT MILL FARMERS & ARTISANS MARKET

Shop local produce, handmade crafts, and more **Saturdays, 9 AM to 12 PM** in Veterans Park.

ANNE SPRINGS CLOSE GREENWAY ACTIVITIES

Enjoy hiking, biking, kayaking, fishing, and seasonal outdoor programming **all month long** just minutes away from home.

DOWNTOWN FORT MILL

Stroll and shop a variety of vibrant local businesses. On **August 20th**, shops stay open late and feature regional artists from **4 to 8 PM**.

LIVE MUSIC AT THE AMP BALLANTYNE

Enjoy live music **throughout the month** in an uplifting outdoor setting.

COMMUNITY UPDATES

Trash & Recycling

- Oversized cardboard boxes should be taken to the first-floor trash room, located around the corner from Elevator 2. Smaller boxes may be placed out with your valet trash bin for collection or recycled in the blue recycling bins located in the trash rooms on each floor. All cardboard must be broken down and flattened prior to disposal.
- If you need to dispose of furniture or other large household items, please arrange for a junk removal service or donation pickup. Management is unable to dispose of or coordinate the removal of bulk items on behalf of residents.
- Residents are not permitted to access the outdoor trash enclosure. This area is restricted to maintenance staff and waste management vendors only.

Thank you for helping keep our community clean and enjoyable for everyone!

ON THE CALENDAR

Monday Movies

Meet in the **Great Room at 4:30 PM**. Popcorn will be provided; bring your own beverages.

- **August 3** *The Sheep Detectives*
- **August 10** *Merv*
- **August 17** *Under the Tuscan Sun*
- **August 24** *The Devil Wears Prada 2*
- **August 31** *I'll See You in My Dreams*

SEE FULL AUGUST CALENDAR

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